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The Fort Jackson Leader

Thursday, September 11, 2008

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3-60th honors 'Nam hero

Susanne Kappler
Leader Staff

Every year, members of the Vietnam-era Company C, 3rd Battalion, 60th Infantry Regiment get together for a reunion, but this year's meeting had a special significance. The veterans gathered at Fort Jackson, home of the current 3rd Bn., 60th Inf. Reg., to honor one of their fallen comrades.

On Friday, the battalion dedicated its Buddy Team Fire and Maneuver Site to Spc. Howard (Gene) Beagle, a combat medic who was killed in action April 11, 1967, and was posthumously awarded the Distinguished Service Cross, the Army's second highest decoration.

"We're really proud of our heritage and lineage of the 3rd Bn., 60th Inf., the River Raiders," said Lt. Col. Alan Deogracias, battalion commander. "We try to instill into the basic training Soldiers that this is a great combat unit that did great things in Vietnam, World War II and World War I.

"Spc. Beagle is one of our heroes. He made the ultimate sacrifice to take care of his buddies," Deogracias said. "It's just a great honor for us to have his family here as we dedicate the Buddy Team Fire and Maneuver Site to Spc. Beagle."

Beagle, a native of Saratoga Springs, N.Y., volunteered to serve in Vietnam.

"Gene didn't have to go because my brother Danny joined the Marines and he had already left for Vietnam. And it was just my mother and myself," remembered Paulette Haas, Beagle's sister. "Gene said that if his brother Danny could do it, he could do it. One came home in a casket and one came home walking."

On the day he was killed, Beagle's unit was on a mission near Tan An in the Mekong Delta.



Photo by Susanne Kappler

Paulette Haas is comforted by her husband Randy during the dedication of the Beagle Buddy Team Fire and Maneuver Site Friday. The site is in remembrance of her brother, Spc. Howard (Gene) Beagle, who was killed in Vietnam 41 years ago.

See **Dedication** Page 3

Fire in the sky



Photo by Mike A. Glasch

The controlled release of propane gas caused a fireball to shoot up from the gas pipeline behind Central Energy Plant Number Two Friday. When propane vapor is released into the still air, it will settle in low lying areas. As long as there is slight air movement, the propane vapor dissipates quickly in the air and does not pose any health risks.

Bush announces Iraq troop cuts, shift to Afghanistan

Jim Garamone
American Forces Press Service

FORT LESLEY J. MCNAIR, D.C. — The United States will continue to reduce its troop strength in Iraq, but will increase its footprint in Afghanistan, President Bush said.

The president accepted the recommendations of military leaders to reduce U.S. troop levels in Iraq by 8,000 through January. If security conditions continue to improve in the country, further reductions will be possible, Bush said at the National Defense University.

Bush also announced plans to deploy a Marine battalion to train Afghan National Army

troops in November and to send an Army brigade to Afghanistan in January. The 10th Mountain Division's 3rd Brigade Combat Team had been scheduled to deploy to Iraq.

Bush said security progress in Iraq is responsible for the reduction. The progress is an outgrowth of the success of the surge, launched Jan. 10, 2007, that fed five U.S. Army brigades, a Marine Expeditionary Unit and two Marine battalions into Iraq through June 2007.

Bush called the reductions the "return on success" strategy. That strategy calls for reduc-

See **Troops** Page 3

COMMANDERS' CORNER

From the Commanding General

Sexual assault prevention programs proactive



BG May

This week the Army is launching a new campaign aimed at preventing sexual assaults.

Sexual assault is a deplorable crime that has no place in either our society or in our military. I fully support this campaign.

It is called: "I. A.M. Strong," because it shifts the focus from response to prevention. In the past, we have mainly taken a defensive strategy. This new campaign definitely will put us on the offensive.

In the past three years, the Department of Defense has forged new policies focusing on sexual-assault prevention. The thrust of these policies have carried the message that:

- Sexual assault and the attitudes that promote it are not tolerated.
- Victims of sexual assault receive the care and support they need.
- Offenders are held accountable for their actions.

The time has come to go on the offensive, with the "I. A.M. Strong" approach.

The "I" stands for "INTERVENE." The

"A" stands for "ACT." And the "M" in the theme stands for "MOTIVATE."

Summed up, it is your duty as a Soldier to "intervene" if you recognize a threat to another Soldier. It is also your duty to stand up for your battle buddies and "act," as well as to "motivate" others to take action under similar circumstances. We must act as a team, because that's where our strength is rooted.

Simply put, we will not allow ourselves to be oblivious to the possible mistreatment or assault of another Soldier. We will continue to maintain a zero tolerance policy and continue with an aggressive mitigation strategy.

According to the Department of Defense's latest statistics, there were 2,688 sexual assaults reported in fiscal year 2007. About 60 percent of all reports concerned alleged rape and 72 percent of the victims were service members. Action was taken only against about half of the accused in the completed investigations. Some 75 percent of the reports were labeled unfounded or lacking enough evidence.

Our Army leadership is, of course, concerned about these numbers and some of our own statistics show that the Army's rate of sexual assaults in forward areas — 0.83

per thousand — is lower than the rates in the Army at large — 2.6 per thousand.

These lower rates have been attributed to the strong unit cohesion among those who are deployed and the fact that deployments offer little free time and a lack of alcohol in these forward areas.

Alcohol is a factor in 50 percent of all sexual assaults. Alcohol consumption is a factor with regard to both the perpetrator and victim. When one of the parties is drinking, then the other one is probably drinking as well.

First and foremost, it is important to note that military law recognizes that when someone is passed out, she or he is unable to give consent. If a person has sex with someone who is passed out, it is considered sexual assault.

We must know what to do in the event of a sexual assault. First the victim should head to a safe location, away from attacker; all evidence should be preserved from the assault. That means: Do not bathe, wash your hands, brush your teeth, or anything that could destroy evidence.

Next contact the Sexual Assault Response Coordinator or a healthcare provider. The 24-hour response number here on Fort Jackson is 429-4870. It is im-

portant to seek medical care as soon as possible. If drugs might have been involved in the assault, ask that a urine sample be taken. Write down or record all of the details. Again, early reporting is crucial in the investigation process. DNA evidence is difficult to collect beyond 72 hours.

Again, I need to reiterate the importance of us taking a proactive prevention approach. When you notice a battle buddy has had too much to drink, or if your battle buddy is in the other room with another male or a group of males and those people also have had too much to drink, red flags should go up. Battle buddies must look out for one another and be vigilant. They must be aware of where and when a sexual assault may occur and know how to respond in those situations.

The new program will put the focus on preventing potential offenders from inappropriate actions that may foster sexual assaults. The goal of the Army Assault Prevention and Response Program is to build a climate in which Soldiers can live the Army Values. Sexual assaults are in direct contradiction with these values.

We must be capable of looking out for our fellow Soldiers if we are to eliminate these heinous crimes. It's our duty.

Ask the Garrison Commander

Middle-school program; Operation Rising Star



Col. Dixon

Q I heard that there was a program for middle school students on Parker Lane in the housing area, but when I went there the building looked empty. Did the program close? Where can middle school students go after school?

A That's an excellent question. The Middle School After School Program moved recently. It is now located in the rear wing of the Pinckney Annex on Hood Street across from the Hood Street Child Development Center.

To enroll in the program, visit the Child, Youth and

School Services Central Enrollment Office at the Joe E. Mann Community Center, 3392 Magruder Ave.

Transportation to the program is available from Pinckney Elementary School and Richland District 2 provides transportation to the program from Dent Middle School. For a monthly fee of \$40, the Middle School Program also picks up students from E.L. Wright Middle School.

Q Is there anywhere on post where I can perform other than at karaoke nights?

A Operation Rising Star is scheduled for 6 p.m., Aug. at Magruder's Pub. This is an American Idol type show in which contestants 18 years and older have the op-

portunity to compete for big prizes. If you are interested in performing, you can reach the recreation delivery programmer, Chuck Stoudemire at 751-0891.

Garrison Fact of the Week

The Middle School After School Program is provided at no cost nor is there a cost to register for the program.

Established in 1999, the Middle School After School program provides a safe, secure environment for middle school students during what research and crime statistics has identified as a high-risk time (3-6 p.m.) for youth involvement in at-risk behaviors.

To submit questions to "Ask the Garrison Commander," call 751-5442, or e-mail Scott.Nahrwold@conus.army.mil.

The Fort Jackson Leader

Fort Jackson, South Carolina 29207

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To submit articles, story ideas or announcements for the community page, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail

fjleader@conus.army.mil.

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New deer stands, 100 square miles draw hunters

Mike A. Glasch
Leader Staff

Forty-three new deer stands have been added across Fort Jackson for hunters to use this deer season. They are 14-feet tall and 48-inches wide.

Deer season opened earlier this month. From now until Monday, only antlered deer can be hunted. Does and bucks can be hunted from Monday until Jan. 1. Also on Monday, archery deer hunting opens in the cantonment areas on post.

Within nearly 100 square miles of huntable area according to the Directorate of Morale, Welfare and Recreation, an average of 200 deer are bagged each year on Fort Jackson. Hunting is open to anyone who has a DoD identification card and his or her guests.

To hunt on post, the appropriate South Carolina licenses as well as permits specific to Fort Jackson are required. Both are available at Marion Street Station.

Anyone caught violating of South Carolina or Fort Jackson hunting regulations will be subject to state and/or federal law which can result in a fine, detention and forfeiture of property.

All game killed on Fort Jackson must be taken to the check station adjacent to Heise Pond near the archery range on Semmes Road. The station has facilities for skinning, dressing deer, carcass disposal and freezers for temporary meat storage.

For more information on hunting regulations go to the South Carolina Department of Natural Resources hunting Web site at www.dnr.sc.gov/regulations/html, or call Marion Street Station staff at 751-3484.

Michael.A.Glasch@us.army.mil

Troops *(continued from Page 1)*

ing American combat forces in Iraq as conditions on the ground continue to improve.

“The reduced levels of violence in Iraq have now been sustained for several months,” Bush said. “While the progress in Iraq is still fragile and reversible, [Army] Gen. [David H.] Petraeus and Ambassador [Ryan C.] Crocker report that there now appears to be a ‘degree of durability’ to the gains we have made.

“Over the next several months, we will bring home about 3,400 combat support forces — including aviation personnel, explosive ordnance teams, combat and construction engineers, military police and logistical support forces,” Bush continued. “By November, we will bring home a Marine battalion that is now serving in Anbar province. And in February 2009, another Army combat brigade will come home.

“This amounts to about 8,000 additional American troops returning home without replacement,” the president said. “And if the progress in Iraq continues to hold, General Petraeus and our military leaders believe additional reductions will be possible in the first half of 2009.”

An example of the progress occurred last week in Ramadi, when coalition forces turned over control of Anbar province to elected Iraqi leaders.

“Iraqi forces are now leading security operations across Anbar, with American troops in an overwatch role,” Bush said. “With this transfer of responsibility, the people of Anbar took charge of their own security and their own destiny. It was a moment of pride for all Iraqis — and a moment of success in the war on terror.”

In 2006, Anbar was the most dangerous place in Iraq. Al-Qaida terrorists were in control of almost every major population center, and the province was a safe haven allowing the terror group to plan, train, re-fit and finance terror operations in other parts of the country. “A military intelligence report concluded that the province was lost — and Anbar was held up as proof of America’s failure in Iraq,” Bush said.

But al-Qaida’s campaign of brutality and murder to intimidate the people backfired. The surge brought in

4,000 more Marines that proved the U.S. commitment to Iraq. “Together, local tribes, Iraqi troops and American forces systematically dismantled al-Qaida control across the province,” Bush said.

Attacks in the province have dropped by more than 90 percent, and casualties are down dramatically. The government is up and running, and American provincial reconstruction teams are helping local leaders create jobs and economic opportunity, Bush said.

The security progress in Anbar has been mirrored all over Iraq, with Iraqi security forces in the lead. Iraqi soldiers and police have cooperated and launched operations against extremist groups in Basra, Baghdad, Amarah, Mosul and Diyala province. “All of these operations are Iraqi-led, with American forces playing a supporting role,” Bush said.

Violence in Iraq is down to its lowest point since the spring of 2004, and civilian deaths are down. Sectarian killings are down, suicide bombings are down, and normal life is returning to communities across the country, Bush said. The Iraqi government is making political progress and has passed several major pieces of legislation.

The progress has allowed the United States to pull out the surge units, reduce tour lengths for Army troops from 15 months to a year and shift forces once slated for duty in Iraq to Afghanistan, the president said.

The people of Afghanistan will benefit most from the security progress in Iraq, Bush said. The Taliban and its al-Qaida allies have regained strength and are using the tribal areas of Pakistan as safe havens. American troops who were scheduled to deploy to Iraq will deploy to Afghanistan beginning in November. This will make the “quiet surge” of NATO forces into Afghanistan a bit louder, the president said.

Additional troops have deployed to Afghanistan from the United Kingdom, France, Poland, Bulgaria, Romania, Australia, Germany, Denmark and the Czech Republic. The United States increased its presence in Afghanistan by 3,500. The number of trained Afghan army and police forces has increased from less than 67,000 to nearly 144,000.

Dedication *(continued from Page 1)*

“It started out like (a normal day), just going across the rice paddy. It was wide open and we got fired upon,” explained Cleburne Glosser, who was with Beagle when he died.

Donald Rice was one of the first Soldiers to get hit by the enemy fire.

“I received two gunshot wounds, one in my neck, one in my shoulder,” he recalled. “Gene was trying to take care of me and another Soldier. It was also extremely hot, real hot. He was trying to keep me covered up with a poncho. I was told he later picked up my rifle, which he shouldn’t have done, and started to fire.”

Despite the heat, Beagle raced across the rice paddy several times to take care of the wounded Soldiers in his unit. When some of the other Soldiers suffered from heat exhaustion, he started to put up a shelter to shield them from the sun.

“That’s when they hit him,” Rice said somberly. “Of course, he didn’t feel anything, he was gone instantly.”

Beagle did not make it home alive, but his heroic actions ensured that some of his brothers in arms did.

“I know he saved three (people’s lives) for sure, without a doubt, probably more,” Glosser said.

Beagle’s sister was not surprised by her brother’s heroism.

“My mother and I both knew that he was going to do everything he could over there,” she said. “My brother

Danny and my brother Gene were never afraid of anything.”

Haas described her brother as a good-natured, well-liked young man, who had many friends and a good sense of humor.

“On April 6, he wrote me a letter; it was my birthday,” she said. “They were out in the rice paddies and he said, ‘Honey, I wanted to send you a gift, but all I got is rice. Ha, ha, ha.’ I received that letter the same morning the chaplain and the Army car pulled up in front.

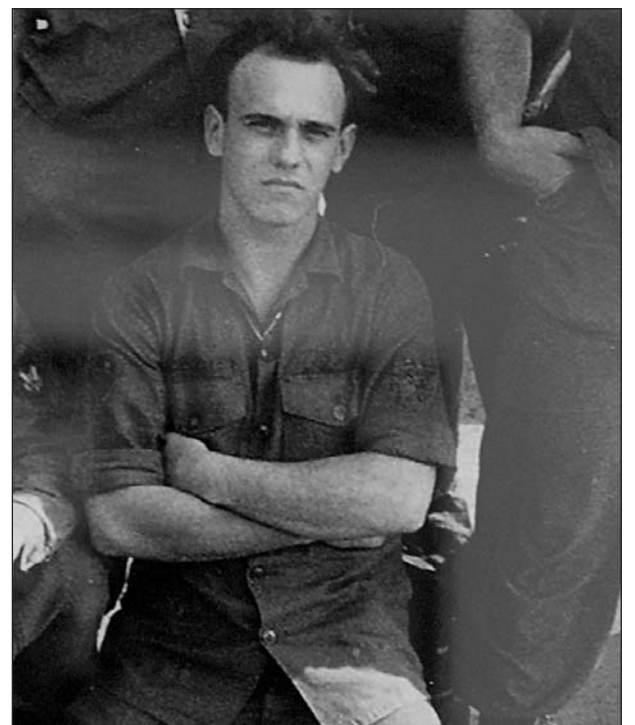
“Before the casket came home, we got (another) letter from him. I was screaming to my mom, ‘It’s not Gene, they made a mistake,’” Haas remembered. “And when we opened the letter, he had written it in case he died. He said, ‘They may have killed me over here, but at least I took some of the (them) with me.’ I love that line. That was the neatest line he could have written.”

Beagle’s family donated his Distinguished Service Cross to the 3rd Bn., 60th Inf. Reg. during the veterans’ reunion last year. It is now on display in the battalion’s headquarters.

The Beagle family and the visiting veterans expressed their appreciation for the battalion’s efforts to keep Beagle’s memory alive.

“It means a whole lot,” Rice said, overcome with emotion. “I pretty much owe my life to the boy. It means a lot.” Beagle was 21 years old when he died.

Susanne.Kappler1@us.army.mil



Courtesy Photo

A photo of Spc. Howard E. Beagle on display at the 3rd Battalion, 60th Infantry Regiment. Beagle died in combat during the Vietnam War.

Around Post

Sponsor Training

A Sponsor Training class is set for 1-2 p.m., Tuesday at the Strom Thurmond building, Room 213. For more information, call 751-4862/6325.

Fort Jackson Shred Day

The Fort Jackson Recycle Center will have a Shred Day from 9 a.m. to 1 p.m., Wednesday at the Recycling Center. This program is open to everyone on Fort Jackson. For more information, call 751-4208.

Volunteers Needed

The Directorate of Emergency Services is looking for military ID card holders to volunteer as crossing guards. Volunteers are needed 7:30-8:30 a.m. and 2:30-3:30 p.m., Monday-Friday. Candidates must submit a local background check. For more information, call 751-3030.

National POW/MIA Day Observance

Fort Jackson will host a POW/MIA Day Observance during the Basic Combat training graduation at 9 a.m., Sept. 19 at Hilton Field. The ceremony will honor Armed Forces personnel who are prisoners of war and recognize former POWs.

Marion St. Station Construction

Monday Marion Street Station will be under construction while a new roof is put on the building. The construction will last until Oct. 25. There may be changes to the entrance and exit during construction.

Food product dating made easy

Kay Blakley

Defense Commissary Agency

FORT LEE, Va. — Understanding how food-product dating works might not be a subject about which you’ve lost any sleep. But, if you’re a typical consumer, it has probably been a source of confusion that’s resulted in some perfectly good food being thrown in the garbage or poured down the drain.

Many consumers incorrectly assume that a date stamped on a product’s package is an expiration date. They automatically throw it out once that date arrives, thinking the food is unsafe to use. This is not true.

Does federal law require product dating?

Except for infant formula and some baby food, product dating is not required by federal regulations. Even so, you will typically find what’s called an “open date” (use of a calendar date as opposed to a code) on perishable foods such as meat, poultry, eggs and dairy products.

This dating is done voluntarily by the manufacturer. It is intended to help the store determine how long to display the product for sale, and to help the consumer know the time limit to purchase or use the product at its best quality. It is not a safety date.

Types of dates and what they mean

If a calendar date is shown on a product, federal regulations do require that a phrase explaining its meaning be printed immediately adjacent to the date. These phrases are “sell-by,” “use-by” and “best if used by (or before).”

— A “*Sell-By*” date tells the store how long to display the product for sale. You should buy the product before this date.

— A “*Best if Used By (or Before)*” date is a recommendation for best flavor or quality. It is not a purchase or safety date.

— A “*Use-By*” date is the last date recommended for use of the product while at peak quality. This date is determined by the manufacturer based on analysis of the product throughout its shelf life.

Most asked about items

The items that cause most concern among commissary shoppers are exactly those perishable items listed above — dairy products, eggs, meat and poultry. So, let’s take a look at each product or category of products separately.

— **Milk:** A “sell-by” date is normally stamped on every carton. Make sure you purchase the milk before this date. Take it straight home and refrigerate immediately at 40 degrees or lower. Don’t leave it in the trunk of your car while you squeeze in a few more errands on the way home, and don’t let it linger on the counter or table during a meal. Pour the servings you need and return the carton to the refrigerator promptly.

Under optimum conditions, milk should remain fresh up to five days or longer beyond the “sell-by” date.

— **Yogurt:** Most yogurts will be stamped with either a “sell-by” or a “best if used-by” date. Store yogurts in the same manner as fresh milk (refrigerated at 40 degrees or lower) and use by the “best if used-by” date for highest quality.

After that date you might see some separation of fluid in the

product, which will affect its appearance, but this factor alone is not an indicator of spoilage. It may be perfectly fine once it is stirred. Trust your own sense of taste and smell, plus your personal knowledge of how well it has been cared for since coming to live at your house when deciding to use it or toss it.

Yogurts stored under optimum conditions can be expected to be of good quality and freshness seven to ten days beyond the “sell-by” date.

— **Eggs:** Egg cartons will normally be stamped with a “sell-by” date. At home, refrigerate the eggs in their original carton. It is designed to keep the porous shells from absorbing odors from other foods, and to protect the eggs from breaking.

Eggs have a very long shelf life. Properly refrigerated, they can be expected to maintain reasonable quality for three to five weeks beyond the “sell-by” date.

— **Meat and poultry:** Vacuum packed meats sold in all DeCA commissaries require both Date of Pack and Sell By Date.

Commissaries carry both a “sell-by” and a “use-by” date. Purchase these meats before the “sell-by” date, keep them refrigerated properly and either use or freeze by the “use-by” date.

Tray-packed fresh meats and poultry, including turkey, plus fresh rabbit and duck are normally stamped with a “use-by” date. Recommendations for handling and storage of vacuum packed meats also apply to these products.

Once a perishable product such as meat or poultry is frozen, these dates become irrelevant because, according to USDA experts, foods kept frozen continuously (at 0 degrees or below) can be safe indefinitely.

— **Infant formula and baby food:** Federal regulations require a “use-by” date on the product label of infant formula and the varieties of baby food under FDA inspection. If consumed by that date, the formula or food must contain not less than the quantity of each nutrient as described on the product label.

Additionally, infant formula must maintain a sufficient quality to pass through an ordinary bottle nipple. If stored too long, formula can separate and clog the nipple.

Dating of baby food is for quality as well as for nutrient retention. Do not buy or use baby formula or baby food after its “use-by” date.

Practice safe-food handling at home

Your commissary maintains rigid quality assurance and sanitation standards to make sure the foods you are offered are fresh, wholesome and safe. After making your selections, though, it’s up to you to care for them properly until consumed. To answer the, “Is this stuff still good?” question with confidence, practice these four rules at your house.

— Purchase fresh-dated products before the “sell-by” date.

— Refrigerate perishable products promptly, and use or freeze meat and poultry products before the “use-by” date.

— Remember that product dating is a guide for quality, rather than safety.

— Also, remember these rules do not apply to infant formula and baby food, which should not be used after the “use-by” date.

Customer Service Corner

The DoD Interactive Customer Evaluation system continues to shape the future of customer service. Since the beginning of fiscal year 2008, ICE has maintained a customer satisfaction rating of 95 percent and an overall employee/staff attitude rating of 4.71 with more than 30,000 submissions across Fort Jackson.

The interactive Web site allows customers to submit direct and immediate feedback to facility managers about their products and services. With just the click of a mouse, the system sends comments, suggestions, complaints or compliments directly to the appropriate service provider manager for action.

If a phone number or e-mail address is included, then a manager will contact the submitter directly with a reply if requested. Submissions may also be anonymous — the system automatically defaults to the generic ICE site IP address and cannot be traced back to you.

Log on to <http://ice.disa.mil/>, click on Army CONUS, then click on Fort Jackson.

The site can also be accessed by using the Fort Jackson

Web site at <http://www.jackson.army.mil/> by scrolling down and clicking on the ICE logo.

Choose the appropriate category from the list and click on the info icon to see service provider information such as hours of operation, phone numbers and upcoming events. Click on the service provider link to access the customer comment card and submit comments.

Service provider managers will use the feedback to continuously review, improve and provide the highest quality service possible.

The system automatically calculates the customer service rating each week and reports trend data as well. These reports are provided to the garrison, hospital and dental commanders and other directorate and organizational supervisors responsible for each service provider area.

ICE is sponsored by the Office of the Secretary of Defense Quality Management Office and is part of the Fort Jackson Customer Management Services. The primary purpose of ICE is to improve customer service; give the leadership timely information about service quality; and to

improve the speed, quality and quantity of feedback from customers.

Customer input can range in areas of health, housing, recreation, family programs, shopping, administration, dining, communications, safety and security and travel and transportation. ICE provides another avenue for customers to voice their opinion on what they like, what they dislike, and to suggest improvements to facility managers.

For more information on the ICE system, contact the Fort Jackson site administrator at 751-4926/3425 or by e-mail at ice@conus.army.mil.

ICE Appreciation

The garrison congratulates Moncrief Army Community Hospital, specifically the Internal Medicine Clinic, and the Exceptional Family Member Program Clinic and their employees. They have achieved a 4.77 and a 4.69 percent rating, respectively, in employee/staff attitude out of a possible 5.0, for a 12-week period. This is an outstanding performance in customer satisfaction.

safety always in season

Thunderstorms, tornados and hurricanes can damage or destroy entire neighborhoods within minutes. Take steps now to prepare your Family to ride out a storm safely.

- **Plan your severe weather strategy.**
Build a disaster supply kit, select a "safe room" and designate Family members responsible for specific tasks such as securing valuables and documents, shutting off power or retrieving pets.
- **Prepare your home, inside and out.**
The Federal Emergency Management Agency and American Red Cross Web sites contain comprehensive checklists to assist in preparing your home and property for severe weather.
- **Practice your evacuation and recovery plan.**
Map out home escape routes and make a plan for Family members to reunite. Designate an out-of-state relative or Family friend as a contact person and make sure all Family members know how to reach the person.

www.Fema.gov
www.Redcross.org

ARMY SAFE IS ARMY STRONG

101 CRITICAL DAYS OF SUMMER
26 May - 1 Sept 2008

U.S. ARMY
ARMY STRONG

U.S. ARMY COMBAT READINESS/SAFETY CENTER
<https://crc.army.mil>

*A tip of the campaign hat
to this week's ...*

Drill Sergeants of the Cycle

From the "Roadrunners" Battalion



**Staff Sgt.
Kenneth Parent**
Company A,
1st Battalion,
61st Infantry
Regiment



**Staff Sgt.
Roman Ramos**
Company B,
1st Battalion,
61st Infantry
Regiment



**Staff Sgt.
Janet Hunt**
Company C,
1st Battalion,
61st Infantry
Regiment



**Sgt. 1st Class
Keith Johnson**
Company D,
1st Battalion,
61st Infantry
Regiment



**Staff Sgt.
Khambao Mounlasy**
Company E,
1st Battalion,
61st Infantry
Regiment



**Staff Sgt.
Diana Ulloa**
Company F,
1st Battalion,
61st Infantry
Regiment

FEATURE

Four-of-a-kind: 187th holds winning hand

Mike A. Glasch

Leader Staff

One in 4,165. Those are the odds of drawing a four of a kind poker hand.

The 187th Ordnance Battalion may have beaten even higher odds than that when the last sergeant major and sergeant major training list was released in August. Four of the battalion's E8s made those annual lists.

"It's very unusual for a battalion to have four Soldiers make the list at the same time," said Command Sgt. Maj. Karl Schmitt, 187th Ord. Bn. "You're usually lucky to have one Soldier make the list in a battalion in any given year."

Master Sgt. Birdel Campbell, chief instructor, and 1st Sgt. Paul Vallade, Company D, were both selected for promotion to sergeant major.

"It's rare to find four sergeants first class from the same battalion making the master sergeant list at the same time, let alone four E8s all making the sergeant major list," Campbell said.

First Sgt. David Gutrick, Company A, and 1st Sgt. Bryan Kern, Company C, were selected to attend the Sergeants Major Course which begins August 2009.

"It was unbelievable," Gutrick said. "You never hear about that many from one unit at once. It was very unexpected and a blessing."

Upon completing the nine-month course, Gutrick and Kern will be considered promotable sergeants major and will be assigned promotion sequence numbers. They will be frocked to sergeant major during the graduation ceremony and will go to their new assignments wearing sergeant major stripes.

They will be in the first class at the U.S. Army Ser-

It's rare to find four sergeants first class from the same battalion making the master sergeant list at the same time, let alone four E8s all making the sergeant major list.

Master Sgt. Birdel Campbell
187th Ord. Bn. chief instructor



Courtesy Photos

These four 187th Ordnance Battalion noncommissioned officers made the E9 promotion list recently. They are from left: 1st Sgt. Bryan Kern, Company C; Master Sgt. Birdell Campbell, chief instructor; 1st Sgt. Paul Vallade, Company D; and 1st Sgt. David Gutrick, Company A.

geants Major Academy (USASMA) selected under the "select-train-promote" strategy introduced by Sgt. Maj. of the Army Kenneth Preston last fall.

Key features of the new strategy include:

- A two-year increase in the time-in-grade requirement for promotion to sergeant major.
- Non-promotable master sergeants will no longer be selected for the USASMA.
- All master sergeants will undergo a personal security screening before becoming eligible for sergeant major.

When he outlined the new plan, Preston said the Army wants to develop a deep bench of school-trained and experienced NCOs to serve in senior leadership positions that have been vacant because of a lack of qualified Soldiers.

"The Army and the nation will benefit from this change by having NCOs with greater leadership experience in a variety of operational environments," Preston

said, "while Soldiers — the centerpiece of our Army — will benefit from the mentorship and leadership of these multi-skilled, adaptive and successful leaders."

Gutrick and Kern credit being on the spear of helping transform the Army aiding in their selection to the USASMA.

"My selection shows my record spoke for itself," Gutrick said. "I think it helped being here at the 187th and being one of the first to implement the NCO-led AIT; to have helped lead the way in the way the Army was transforming away from drill sergeants in the AIT environment."

Kern added that, "It's an honor and a privilege to be selected under such criteria."

Before he was assigned to the 187th, Kern helped stand up the 4th Brigade Combat Team (Airborne) at Fort Richardson, Alaska, in 2005 and deployed to southern Iraq a year later.

Michael.A.Glasch@us.army.mil

ARMY FEATURE

JAG officer credits success to father's inspiration

Sgt. Jody Metzger

American Forces Press Service

CAMP LIBERTY, Iraq — “Well boys, should we fix the table or make skis out of it?” the father asked, glancing from the broken wooden table to his two young sons.

He had chosen to teach a lesson to his children instead of reprimanding them for breaking the table.

Maj. Lance Hamilton, who serves in Iraq with the 4th Infantry Division, smiles with fondness when remembering moments like this that remind him of the happiness he shared with his father, Stan Hamilton.

Growing up in Wilkes-Barre, Pa., the Hamilton brothers batted, swam, ran and tackled their way through their younger years. Thanks to their civil-rights-activist father, they remained steadfast and loyal to academics. Stan’s philosophy for his sons was that if you did not get As, you did not participate in sports.

Hearing that ultimatum as a boy motivated Hamilton to pursue scholastic endeavors for the reward of being able to play sports.

As gifted athletes, Hamilton and his brother, Harry, were excellent football players, playing all the way through high school. Harry earned an athletic scholarship to Penn State University; Lance was not far behind.

After graduating from Penn State, Lance Hamilton went on to study law at Yale University. He serves here as the 4th Infantry Division’s deputy staff judge advocate. Looking across his desk nestled within the main headquarters of the 4th Infantry Division and Multinational Division Baghdad, he said he knows his hard work and his father’s deep-seated faith have paid off.

Hamilton said he had not set out to join the Army. In fact, after graduating from Yale with a law degree, his dream, like many other young lawyers, was to work for a big law firm.

In 1991, shortly after graduation, Hamilton began his clerkship with the 11th Circuit Court of Appeals in St. Petersburg, Fla. Following the clerkship, he went to work for a law firm.

Then, in 1996, a restless Hamilton got a phone call from his brother, Harry, who surprised him with the news that he had just enlisted into the Army’s elite Staff Judge Advocate Corps. Idolizing his brother, Lance set out in his brother’s footsteps for a second time in his life and joined the Army.

Looking back on his decision to leave civilian law, he emphasized that he could not have made a better choice.

“I had a renewed sense of vigor when I left the private sector and felt like I was serving the greater good again,” he said. It has been like living in his father’s household again, he noted, “always helping and serving and doing for others.”

“And finally being able to do it has felt for me like being put into an elite class,” he added.

Serving in the Ivy Division family, Hamilton said, he has found it easy to relate to concepts the division commander, Maj. Gen. Jeffrey W. Hammond, espouses. They are influenced by lessons learned on the football field, a background they share and take great joy in remembering.

Just as his athletic background taught him to succeed as part of a team on the field, those influences have also lent themselves to the staff judge advocate office, Hamilton said.



Photo by Sgt. Jody Metzger, American Forces Press Service

Maj. Lance Hamilton, deputy staff judge advocate for the 4th Infantry Division and Multinational Division Baghdad, credits his father with the direction of service his life has taken.

“Every time I’m in charge of anything or keeping an office of valuable people, I have always taken it back to my athletic roots as far as building a team (is concerned), because if you have a cohesive team working together, then it is much easier to accomplish your mission,” he said.

Hamilton said he is captivated by the strong leadership style he sees within the 4th Infantry Division. He noted that Hammond’s influence on the division mirrors his own ambition of success and teamwork.

“That is where we get motivation in the office - having good leadership, which always helps,” he said. “It’s easy for me, because SJA is great. The chain of command, all the way up to the (commanding general), is really oriented about the team concept and taking care of one another.”

Army Capt. Liz Waits, an attorney in the staff judge advocate office, said Hamilton encourages everyone in the office to maintain a balance of work and play.

“He has a great attention to detail,” she said. “On one side, he really pushes us to meet a high standard, and on the other, gets us out and playing flag football.”

If athletics shaped Hamilton into a success, it was his father’s belief in helping others that separate him from the rest, the major said.

His father’s community service and sense of justice while single-handedly raising his two sons and their young cousin were remarkable, Hamilton said.

“My dad always reminded us: ‘I don’t care how many yards you ran or how many tackles you’ve done, if you don’t think about your fellow man and do something for those less fortunate, than you are nothing in my eyes,’” Hamilton said. “He was always looking for what you are

doing for the greater good for society, for your country.”

Stan Hamilton — father, military veteran and civil rights activist — gave more than he took. His teachings to his sons came from the back-breaking idealism of a street minister whose goal was to help others less fortunate.

“It is all I remember him doing,” Hamilton said. “He was running street programs for various churches throughout the community, looking to help those who have fallen through the cracks of society.”

The ministry his father spearheaded was dedicated to helping people whom the social services had forgotten or overlooked. Social services, for as much as they helped the community, could not help everyone, Hamilton explained. As a result, the ministry was dedicated to helping those who were left behind.

“My father would do it in a fashion that went beyond what the social services could do for the people,” he said. “There are a lot of people who didn’t qualify for the services. There were always those that wouldn’t fit somewhere in the middle, those that have children and are working but not making the cut, and they fall through the cracks.”

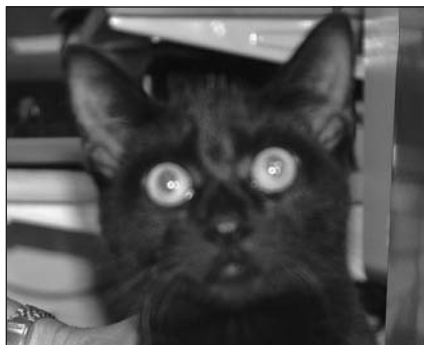
The freely smiling Hamilton has won many trophies in his life. Yet, “being the son of an incredible man” is his most treasured reward, he said.

“One day I hope to be half the man he was, and if I am half the man he is, than that would be an accomplishment,” he said. “If my sons would feel half as much about me as I feel about my dad, I would leave this place a happy man.”

Editor’s Note: Sgt. Jody Metzger serves in the Multinational Division Baghdad Public Affairs Office.

COMMUNITY HIGHLIGHTS

Help! We need a home



Photos by Ashley Henry

These cats and dogs are at the Fort Jackson Veterinary Clinic, and they all need a home. From top left, clockwise: 6-month-old female kitten; 9-week-old black kittens; 2-year-old orange male cat; 1-year-old female cat. For information on these or other pets for adoption, call the Veterinary Clinic at 751-7160.

This Week

Personal Financial Readiness Class

A Personal Financial Readiness Class is set for 8:30-10:30 a.m., today at the Education Center, Room B-302. For more information, call 751-4862/6325.

Warrant Officer Recruiting Briefings

A warrant officer recruiting team from Headquarters, U.S. Army Recruiting command will conduct briefings on qualifications and applications procedures for Soldiers interested in becoming warrant officers at 9:30 a.m. and 1:30 p.m. today and Sept. 12 at the Education Center, Room B-303. For more information, call (502)626-0328.

Chocolate Trivia Contest

Balfour Beatty Communities will host chocolate trivia contest for housing residents 3-4 p.m., Friday at 5939 Thomas Court.

Army Integrated Family Support Network Training

There will be an Army Integrated Family Support Network Training from 9 a.m. to noon, Monday and Tuesday at Dozier Hall, 10300 Marion St.

For more information, e-mail Patricia.A.Guillory@us.army.mil.

Consumer Rights and Obligations Class

A Consumer Rights and Obligations Class is set for 8:30-10:30 a.m., Tuesday at

the Education Center, Room B-302. For more information, call 751-4862/6325.

Flamingo Women Support Group

There will be a Flamingo Women's Support Group meeting from 10 a.m. to noon, Tuesday at the Joe E. Mann conference room. For more information, call 751-4862/6325.

Using Credit Wisely

There will be a Using Credit Wisely workshop 1:30-3:30 p.m., Tuesday at the Education Center, Room B-302. For more information, call 751-4862/6325.

Personal Financial Readiness for First-Term Soldiers

There will be a Personal Financial Readiness for First-Term Soldiers seminar from 8:30 a.m. to 4:30 p.m., Wednesday at the Education Center, Room B-302. For more information, call 751-4862/6325.

Quick Jobs Seminar

There will be a Quick Jobs Seminar from 9 a.m. to noon, Wednesday at the Education Center, Room B-206. For more information, call 751-4862/6325.

Play Group

A play group is set for 10-11:30 a.m., Wednesday at the Chuck E. Cheese on Burning Bush Road. For more information, call 751-4862/6325.

Steps to Federal Employment

A Steps to Federal Employment workshop is set for 1-3:30 p.m., Wednesday at the Education Center. For more information, call 751-4862/6325.

Upcoming

Initial PCS Brief

A financial and relocation initial PCS brief is set for 8:30-10:30 a.m., Sept. 18 at the Education Center, Room B302. For more information and to register, call 751-5256/6325.

AFTB Level 1

An Army Family Team Building class, Level 1, will be offered from 8:30 a.m. to 12:30 p.m., Sept. 18-19 at the Joe E. Mann Center conference room. The class will teach family members about the Army, military lingo, benefits and services. Free child care is available. Registration is required by Tuesday. For more information and to register, call 751-6315 or e-mail Angela.Crosland@conus.army.mil.

The ROCKS, Inc.

The James Webster Smith Chapter of The ROCKS, Inc. will meet 11:30 a.m., Sept. 19 at the NCO Club.

In recognition of Historically Black Colleges and Universities Month, the guest speaker will be Lt. Col. Heyward Stackhouse, professor of military science at South Carolina State University. To register and for more information, call 751-1898/2045.

Youth of the Millennium

A "Youth of the Millennium" workshop will take place from 9 a.m. to noon, Sept. 20 at Daniel Circle Chapel. The theme is "Life and the reality of it." For more information and to register, call 751-4216.

Fall Crafts

Balfour Beatty Communities invites housing residents to join them in making decorative scarecrows 3:30-4 p.m., Sept. 22 at 5935 Thomas Court.

Family Readiness Group Leadership Training

There will be a Family Readiness Group Leadership Training from 9 a.m. to 4 p.m., Sept. 22 and 23 at Dozier Hall, 10300 Marion St. RSVP by Wednesday.

For more information, e-mail Patricia.A.Guillory@us.army.mil.

Budget Development and Record Keeping

A class on budget development and record keeping will take place 8:30-10:30 a.m., Sept. 23 at the Education Center, Room B302. For more information and to register, call 751-5256/6325.

Career Exploration

Online career assessment will be offered 9-11:30 a.m., Sept. 23 at the Education Center. Attendees will have the opportunity to meet with a career counselor and to learn about military spouse scholarships. For more information and to register, call 751-4867/5452.

Home Buying

A home buying class is set for 1:30-3:30 p.m., Sept. 23 at the Education Center, Room B302. For more information and to register, call 751-5256/6325.

EFMP Support Group

The Exceptional Family Member Program support group will meet 5 p.m., Sept. 23 at Century Lanes Bowling Center. For more information and to register, call 751-5256/6325.

Phase II Levy Briefing

A Phase II Levy Briefing will take place 2:30-3:30 p.m., Sept. 24 at the Strom Thurmond Building, Room 213. For more information and to register, call 751-5256/6235.

EEO Training for New Supervisors and Managers

An EEO Training for new supervisors and managers is set from 7:30 a.m. to noon, Sept. 30 at the USAR Readiness Command, 9810 Lee Road, Room 193. The training will address EEO laws, roles and responsibilities and how to avoid disputes. For more information or to register, call 751-5443.

SSI Relinquishment of Responsibility

The Soldier Support Institute will have a Relinquishment of Responsibility and Retirement Ceremony for Sgt. Maj. Andre Douglas at 10 a.m., Oct. 2 at the SSI auditorium.

Hispanic Heritage Month

The Hispanic Heritage Month celebration is set for noon to 6 p.m., Oct. 4 at Patriot Park. For more information, call 751-8012.

Announcements

Free Burgers for Housing Residents

In celebration of "Cheeseburger Day," Balfour Beatty Communities will give out free burgers to housing residents from 11:30 a.m. to 1 p.m., Sept. 18 at 5939 Thomas Court.

Freedom Walk and 9/11 Ceremony

A 9/11 memorial ceremony will take place today in Columbia. The event begins 11:30 a.m. with a walk from the State House to City Hall. The ceremony, which begins at noon at City Hall, will feature the 282nd Army "Victory" Band. Col. Kevin Shwedo, Fort Jackson deputy commander, is one of the speakers.

COMMUNITY HIGHLIGHTS

Spouses' Club



Photo by Susanne Kappler

Rhonda Woody, right, president of the newly established Fort Jackson Spouses' Club, informs Heidi Amantiad about the club's events during a membership drive Tuesday at the MG Robert B. Solomon Center.

High School Senior Stabilization

Soldiers may request to remain in their current duty assignment until their child in high school graduates by submitting a DA form 4187 through their chain of command.

For more information, call (703) 325-4422/5191.

Chapel CTOF Contracts

All Daniel Circle CTOF contract positions are open for interview until Sept. 20. Interviews will be conducted by the chapel officer in charge. For more information, call 751-1297/4478.

Legal Education Program

The Office of the Judge Advocate General is now accepting applications for the Army's Funded Legal Education Program. Selected officers will attend law school beginning Fall 2009. Officers interested in applying should register for the Law School Administration Test. For more information on the application process and eligibility criteria, call 751-7657.

AUSA Golf Tournament

The Fort Jackson — Palmetto State Chapter of the Association of the United States Army will sponsor the 21st Annual J. Willis Cantey Memorial Golf Classic at noon, Wednesday at the Fort Jackson Golf Club. Registration forms can be picked up at the golf course.

Free Voice Lessons

The Columbia Chapter of the Sweet Adelines International Chorus is offering free voice lessons to women at 7 p.m., every Thursday until Sept. 18 at Lexington Baptist Church. For more information, call 732-9960 or visit www.heartofcolumbia.com.

Absentee Voting

Absentee voters can exercise their right to vote by completing the Federal Post Card Application (FPCA Standard Form 76) or complying with the ballot request procedures enacted by the state in which they vote. After mailing in the application, the voter will receive his or her absentee ballot.

Mailing guidelines differ from state to state. For more information, contact your Unit Voting Assistance Officer or visit www.vote.army.mil.

After School Program in Your Neighborhood

The Boys and Girls Club of the Midlands has partnered with Army Child and Youth Services to provide after-

Recurring Meetings

Weekly

Walking Away Stress meets at 9 a.m., Mondays and Fridays at the pecan orchard near the post office on Early Street. For a walking log or more information, call 751-6325.

Play Group meets 10-11:30 a.m., Mondays at 5953C Parker Lane. For more information, call 751-5256/6325.

Range Control Briefing is held at 1 p.m., Mondays and Fridays at the Education Center, Room 302. For more information, call 751-7171.

Helping Everyone Reach Optimum Strength meets 5-6 p.m., Tuesdays at Moncrief Army Community Hospital, seventh floor. It is open to combat veterans and their family members. For more information, call 751-2160/2183.

Medical Board Office is closed from 7:30 a.m. until 1 p.m., every Thursday. For information, call 751-0359/7152/7318.

Protestant Women of the Chapel meet Thursdays from 9:30 a.m. to 12:30 p.m. at the Main Post Chapel. Homeschoolers are welcome and evening studies are available. Free child care is available. For information, e-mail pwocjackson@yahoo.com.

Overseas Travel Clinic is held from 8:30 a.m. to noon, Fridays. For more information, call 751-5151.

Military Widows/Widowers Association meets at 2 p.m., Sundays at Moncrief Army Community Hospital, eighth floor. For more information, call 787-2469.

Monthly

The Ladies Auxiliary meets at 3 p.m., the second Sunday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

Civil Air Patrol meets at 6:30 p.m., the first Monday of the month at Columbia's downtown airport, Owens Field, main conference room. For more information, e-mail tom.alsup@gmail.com or visit online at www.scwg.cap.gov.

Weight Loss Surgery Support Group meets at noon the second and fourth Monday of the month at the Weight Management Center, 180 Laurel Street, Columbia.

The group also meets the second and fourth Tuesday of the month at 6:30 p.m. at the Palmetto Health Baptist Breast Health Center, 1501 Sumter St., Ground Level, Meeting Room 2, Columbia.

Seabees meet at 7 p.m., the second Monday of the

month at the West Metro Chamber of Commerce and Visitors Center. Call 755-7792, 736-0841 or 755-0300 for more information.

Veterans of Foreign Wars meet at 7:30 p.m., the second Monday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

Sergeant Audie Murphy Club meets at 11:30 a.m., the first Tuesday of the month at the Post Conference Room www.jackson.army.mil/360/SA-MC/home.htm.

American Legion Post #182 meets at 7 p.m., the first Tuesday of the month at the Officers' Club. For information, call 351-2333.

Disabled American Veterans meet 10 a.m., the second Tuesday of the month at 511 Violet St., West Columbia. For information, call 791-4422.

Fleet Reserve Association Unit 202 meets at 1 p.m., the third Tuesday of the month at 2620 Lee Road. Call 482-4456 for information.

Purple Heart #402 meets at 7 p.m., the fourth Tuesday of the month at the American Legion Post #6 on Pickens Street. For information, call 351-2333.

American Red Cross new adult volunteers orientation is the third Wednesday of the month from 9 a.m. to noon at building 2179 on Sumter Avenue. For more information, call 571-4329.

"Victory Riders" Motorcycle Club meets at 5 p.m., the first and third Thursdays of the month at Magraders Club. For information, e-mail sec@ffvictoryriders.com.

Society of American Military Engineers meets 11:30 a.m., the fourth Thursday of the month. For information, call 254-0518 or 765-0320.

Diabetes Support Group meets at 6 p.m., the last Thursday of the month in the Moncrief Army Community Hospital fourth floor dining facility. For information or to register, call 751-2501.

MEDPROS training will be held 1-4 p.m., the third Friday of the month, at the hospital, Room 9-83. For more information or to register, e-mail Jaclynne.Smith@amedd.army.mil.

Retired Enlisted Association meets at 5:30 p.m., the third Friday of the month at the hospital, third floor. For information, call 740-2319 or e-mail jrodgers11@sc.rr.com.

92nd Buffalo Chapter 20 DAV meets at 11 a.m., the third Saturday of the month, except July and August, at the DAV Headquarters 511 Violet St., West Columbia. For information, call 260-1067.

U.S. Navy Sea Cadets, for 11-18 year olds, meet the third weekend of the month. For information call 622-8707.

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to fjleader@conus.army.mil.

school care, summer camp and before-school care in off-post neighborhoods. For more information, visit www.bcgmidlands.org or call, 231-3300.

Free After School Program for Middle School Students

The Boys and Girls Club of the Midlands will offer free after-school programs for middle-school students. Transportation home is available for \$10 a week. All

Army youth and dependents of Army civilian employees are eligible. For more information, site locations and pre-registration, visit www.bcgmidland.org or call 231-3300.

Gun Locks Available

Free gun locks are available while supply lasts from the Installation Safety Office at 3290 Forney St. or from the Directorate of Emergency Services at 5499. The locks can be picked up between 7:30 a.m. and 4:30 p.m.

OPINION — EDITORIAL

Assignment teaches personal side of sacrifice

COMMENTARY

Susanne Kappler
Leader Staff

As a professional journalist, it is my duty to be objective. But every once in a while, a story takes on personal meaning and the people involved leave a lasting impression on me.

Last Friday, a group of Vietnam veterans, the “Charging Charlie” Company C, 3rd Battalion, 60th Infantry Division, visited Fort Jackson as part of their annual reunion. During their visit, they paid tribute to one of their own — one who did

not make it back from Vietnam, one who saved others’ lives before sacrificing his own.

I was assigned to cover the ceremony not by choice, but by chance — and what a chance it turned out to be! A chance to honor one of the unsung heroes of a war many would rather not be reminded of; a chance to get a first-hand account by veterans and family members; and a chance to remind myself that “sacrifice” is not just a buzz word, but personal to veterans and their families.

Paulette Haas was 19 when her brother Gene Beagle was killed in action in a rice paddy in the Mekong Delta, 9,000 miles away from home. To this day, the memory

of the day she and her mother were notified of their loss opens up wounds that have not been healed by the 41 years that have passed.

Paulette told me about Gene — not about the war hero, but about her brother. “He was only 21 when he died, so I never really got to know him as a man — just as my brother,” she said.

Donald Rice served with Gene. When he told me about the two gunshot wounds he received that day, he lifted his chin, pointing to the scar one of the bullets left on the side of his neck. Gene had saved his life and it was visibly hard for Donald to talk about his fallen friend.

After a moment of silence, Paulette

looked at Donald and said, “That man is very important to us.”

No more words were needed.

Being able to meet Paulette, Donald and some of the other veterans of “Charging Charlie” allowed me a glimpse of the sacrifices they made. I have read history books, studied statistics and visited museums — all of which are important. But none of these things renew my appreciation for our veterans the way a personal encounter does.

When I set out for my assignment Friday, Gene Beagle was unknown to me. Heading back to the office, I felt like I’d known him for a long time.

Susanne.Kappler1@us.army.mil

Fort Jackson talks back

Where were you during the attacks of 9/11?



Evelyn Mitchum Hylton
Family Member

“I was in Kingstree, trying to get through to New York because I had an uncle and a brother there. I couldn’t get through, so all I could do was watch TV and wait for a call from New York. When they called, they said they saw the whole thing.”



Sgt. 1st Class Charleston Murphy
U.S. Army Student Detachment

“I was stationed at Fort Knox, Ky. My wife called me at work. She had seen it on TV.”



Tech. Sgt. Nelson Pineda
Air Force Detachment 1, 336 Training Squadron

“I was in Okinawa, Japan in the middle of a category 5 typhoon. It happened at the same time as 9/11. We were watching a movie and it was interrupted.”

Chaplain (Maj.) James Smith
U.S. Army Garrison Fort Jackson

“I was at Fort Lewis, Wash. in my S3 shop. We were watching the events as they unfolded. Someone in the battalion had told us.”



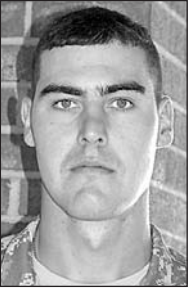
Zeathia Strong
DA Civilian

“I was working at DACA as an education technician. Somebody came through and mentioned it. We all ran to the conference room to watch TV.”



Spc. Adam Wagner
17th MP Detachment

“I was in Washington, D.C. I went to the Pentagon with the fire department. I helped out with traffic control there.”



We would like to hear from you

The Fort Jackson Leader is accepting letters to the editor. Letters must be submitted to the Leader by noon, Monday, and must include a phone number so that we can verify the letter. The Leader reserves the right to edit letters for style, grammar and to fit the space. To submit a letter to the editor to the Leader, e-mail it to FJLeader@conus.army.mil.

Experts: Babies sleep safer in cribs, bassinets

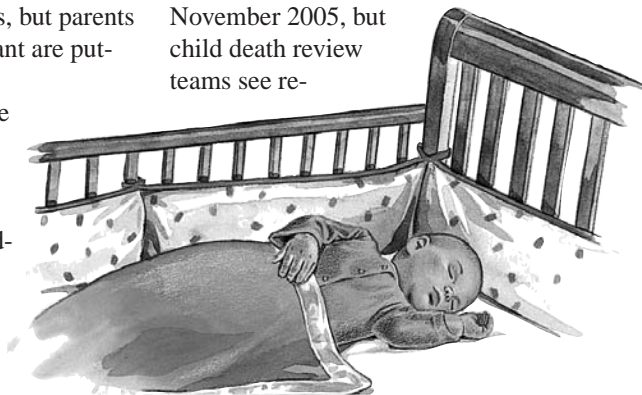
Annette McLeod
Family Advocacy Program

New parents may think the safest place for their infant is in their arms, but parents who sleep alongside their infant are putting them at risk.

Babies who are in the same bed as adults or other children are at an increased risk of being suffocated or smothered by an adult, by loose bedding or by entrapment in the bed or couch. This places them at an increased risk of dying from Sudden Infant

Death Syndrome.

The American Academy of Pediatrics warned of these risks in November 2005, but child death review teams see re-



peated examples of infant deaths caused by an unsafe sleeping environment.

A safe sleep environment for an infant younger than 1 year old includes:

- A separate sleeping environment
- not in the same bed as an adult.
- A crib or bassinet with a firm mattress.
- Placement on the back (not side or stomach).
- No loose bedding or soft objects.
- Consideration of using a pacifier when putting to sleep.

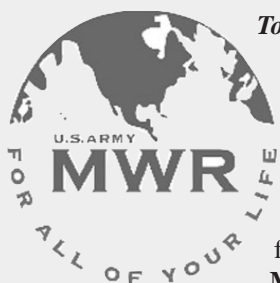
Placing infants on the back decreases the risk of SIDS. In 1994, the AAP initi-

ated the “Back to Sleep” campaign. Since then, there has been a 50 percent decrease in the number of deaths identified as SIDS.

Safe sleep is an urgent public health matter. Often, parents say they did not know that sleeping with their infant was dangerous.

Discuss this matter with friends, family members and colleagues to ensure everyone is given the same message. For more information, call 751-6325.

For resources on safe sleep materials, visit <http://www.healthychildcare.org/pdf/SIDSparentsafesleep.pdf>.



Today

Southern Style Lunch Buffet, from 11 a.m. to 2 p.m. at the Officers’ Club. The buffet is open to the public.

Visit **Century Lanes** for food, fun and bowling.

Magraders Pub is open for lunch for family members from noon to 4 p.m., Thursdays.

Thrift Savings Plan class is set for 8:30-10:30 a.m. in the Education Center, Room B-302.

Phase II Levy Brief is set for 2:30 p.m. in the Strom Thurmond Building, Room 213.

Deadline to register for **active-duty flag football** is 4 p.m. at the Sports Office.

Youth Cross Country Fun Run for children 6-16 years old begins at 6 p.m. at the Youth Sports Complex.

A **Successful Interviewing** class is set from 9 a.m. to noon at the Education Center.

Friday

Play **Victory Bingo** and win prizes up to \$15,000. There are guaranteed \$50 payouts.

Artistic Expression with Jake begins 6:30 p.m. at the Youth Center Teen Room.

Dance to a variety of music provided by DJ Randall at **Magraders Club** from 9 p.m. to 3 a.m. The club is located in the back of Magraders Pub, and the cover charge is \$3 for military and \$5 for civilians.

Family Golf Night begins 5 p.m. at the Fort Jackson Golf Club. Cost is \$5 per family and includes free pizza at the clubhouse.

A **Personal Financial Readiness** class is set for 8:30-10:30 a.m. at the Education Center, Room B-302.

Saturday

Step Team practice begins 2 p.m. at the Youth Center Dance Room.

The NCO Club presents **Classic Soul Saturday** from 9:30 p.m. to 2 a.m. in the Excalibur Room. The cover charge is \$3 for military and \$5 for civilians. Live broad-

casts from the BIG DM 101.3 with giveaways will be held 9:30-11 p.m.

Sunday

Come to **brunch** from 11 a.m. to 2 p.m. at the Officers’ Club.

Enjoy **Family Day at the Youth Center**, 2-6 p.m.

South Carolina Golf Association One-Day will begin at 8 a.m. at the Fort Jackson Golf Club.

Monday

The NCO Club presents a **full lunch buffet**, featuring fried chicken or fish, fresh vegetables, a full salad bar, soup, assorted desserts and a beverage from 11 a.m. to 1:15 p.m. for \$7.

Senior Invitational will begin at 10 a.m. at the Fort Jackson Golf Club.

Tuesday

Movie Night begins 6 p.m. at the Youth Center in the Teen Room.

Enjoy **free movies** every Tuesday at Magraders Pub.

A **Consumer Rights and Obligations** class is set for 8:30-10:30 a.m. at the Education Center, Room B-302.

A **Free WorkKeys Assessment** is set from 8:30 a.m. to 4 p.m. at the Education Center.

Wednesday

Be a sensation with **Karaoke with Tom Marable** at **Magraders Club** at 7:30 p.m. Cover charge is \$3 for military and \$5 for civilians.

Association of the United States Army will meet at noon at the Fort Jackson Golf Club.

A **Financial Readiness for first-term Soldiers** class is set from 8:30 a.m. to 4:30 p.m. at the Education Center, Room B-302.

A **Quick Jobs** seminar is set from 9 a.m. to noon at the Education Center.

A **Steps to Federal Employment** class is set for 1-3:30 p.m. at the Education Center.

Ongoing Offers

• The NCO Club lunch buffet is served from 11 a.m.

to 1:15 p.m., daily. The cost is \$7 for adults and \$3.75 for children.

• The **NCO Club breakfast** is served 6-9 a.m., Monday through Friday. The cost for adults is \$7 and \$3.75 for children 4-10 years old.

• The **Officers’ Club specializes in catering** wedding receptions, anniversaries, promotions and other special occasions.

• The **NCO Club caters** to all your needs: dining in, dining out, promotions, breakfasts, meetings, birthdays, weddings, graduation, retirements and other special occasions.

• **Victory Travel** has special offers for a variety of dinner shows and attractions. Currently offered are discounted tickets to Carowinds, \$28 per ticket, and Six Flags, \$27 per ticket, for the 2008 season. Some offers require reservations. For more information, visit Victory Travel in the MG Robert B. Solomon Center.

• **Child, Youth and School Services** provides child care and youth programming on Saturdays at no cost for active duty parents who must work to meet mission requirements and for National Guard and Reserve Soldiers during Battle Training Assembly. Care is offered from 5 a.m. to 6 p.m. at multiple locations.

For more information about:

— Registration, call 751-4865.

— Six weeks-kindergarten, call 751-6221/6230.

— Grades 1-5, call 751-1136/6387.

— Grades 6-12, call 751-3977/6387.

— Child Development Home serving children between 6 weeks and 12 years old, call 751-7169/7170.

• Enjoy resort accommodations for two to six people for less than one would pay for most hotels with the **Armed Forces Vacation Club**. For details of resort availability, call the reservation center at (800) 724-9988. Be sure to say you are a first-time Armed Forces Vacation Caller. A vacation counselor will take your enrollment and help you find an available resort. Fort Jackson is Installation No.164.

Interested in qualifying for a free night of bingo? Call 751-3411 for details. Play **Victory Bingo** every Tuesday 6:30-10:30 p.m. and win up to \$25,000 in prizes.

CHALKBOARD

Program helps military children with transitions

Ruth Russell

Army School Liaison

The first day of school is past and students are getting into the routines of their new classrooms. Soon enough, parents will be getting interim reports on their child's progress.

All parents look forward to children bringing home the smiley-face papers and great grades, but sometimes kids need extra help with learning.

There is a new option that parents can access to give their children a boost with the basics.

The military has recognized the difficulty children have moving from school to school and adjusting to new curriculums with each move. Therefore, SOAR, Student Online Achievement Resources, was created.

A partnership among the Military Impacted Schools Association, The Princeton Review, SkillsTutor and the University of Northern Iowa was formed to create SOAR. Because of their concern about the unique academic challenges military children face, these organizations came together to provide military families and the schools that serve them an online program that tailors instruction to each child.

SOAR covers skills in math, reading and language arts

for grades three through 12 and is available free. While SOAR was designed with military families in mind, it is also available free of charge to the school districts that military children attend.

Any child, whether civilian or military in a military impacted school district, may use SOAR at no charge.

Military children can sometimes appear to be behind simply because of the sequence of instruction that varies from location to location. With SOAR, a parent can test their children on the new state's learning standards before they move.

Customized exercises will be created to assist identified needs according to your new location's state standards. This can help your child be confident and up-to-date on his or her new state's academic standards,



thus easing some of the stress of transitioning to a new school.

SOAR can also help students who are not moving, but just need extra practice with skill standards. SOAR is not a placement program and should not be used to change a child's grade level.

What SOAR does is:

- Identify strengths and areas where students may need improvement.

- Tailor instruction to address the specific needs of a student.

- Provide remediation and enrichment resources.

SOAR also is a great way for deployed parents to keep up with their child's academic progress since the parent can track his or her child's work online using a password created when registering.

Parents can also access various educational resources, links to state specific information as well as educational videos developed specifically for parents.

To register for a free account with Student Online Achievement Resources, visit www.SoarAtHome.org.



Fort Jackson Schools

Interim reports issued Wednesday for second through sixth grades.

Richland District One

Interim reports issued Wednesday for all students. Delayed start for high schools.

There will be a **school board meeting** 7 p.m., Sept. 23 at Keenan High School. Parents are welcome.

Richland District Two

Interim reports issued Sept. 11-16

for middle and high school students.

Early dismissal Sept. 19 for elementary and middle school students.

There will be a **school board meeting** 7:30 p.m., Sept. 23 at Blythewood Middle School. Parents are welcome.

Interim reports issued Sept. 23-26 for elementary school students.

Dent Middle School Civil Air Patrol is asking for **old BDUs/ACUs** for its program. Call 699-2750 ext. 72007 for more information.

Fort Jackson Homeschoolers

A get-together for home-schooled students is planned for 11 a.m., Tuesdays for various activities. For more information, call 419-0760.

College

The South Carolina Commission on Higher Education has launched a **college information hotline** for students and

families. For up-to-date college information, call (877) 349-7183, 5:30-8:30 p.m., Tuesdays-Thursdays.

Announcements

Free **interactive video SAT/ACT prep course** for military dependents. Visit online at sat.eknowledge.com/military.asp for more information.

For information on **SKIES** classes, call 751-6777/3053.

Adopt-a-School is a program that encourages Soldiers to volunteer in local schools. Units or individual Soldiers may volunteer at schools on a one-time or a regular basis, with supervisory approval for use of mission time. For more information, call 751-6150 or e-mail ruth.russell@jackson.army.mil.

Partnerships in Education is requesting participation in a survey of school transition issues by military families with school-age dependents. The sur-

vey is located online at www.fortjacksonmwr.com/school_liaison/.

Soldiers may request to **remain in a current duty assignment** until his or her high school student graduates. To make the request, Soldiers must submit DA Form 4187 through his or her chain of command to Personnel Command. For more information, call (703) 325-4422/5191.

Boys and Girls Club of the Midlands offers free after-school programs for middle school students at these middle schools: Kelly Mill, Longleaf, Blythewood and Dent. The program is open to military families and DA families. For more information, visit online at www.bgcmidland.org.

Editor's Note: For more information on *Army School Liaison Services*, call 751-6150 or e-mail Ruth.C.Russell@us.army.mil.

HEALTH

New poster stresses 'No Soldier stands alone'

Lyn Kukral

Army Center for Health Promotion and Prevention

To mark the Army and DoD Suicide Prevention Week, the Army Center for Health Promotion and Preventive Medicine added a new poster to its line-up of educational materials for Soldiers, leaders and family members.

The poster, available for downloading now, touts this year's Army suicide prevention theme, "Shoulder to Shoulder: No Soldier Stands Alone." It emphasizes the idea that suicide prevention is about Soldiers taking care of Soldiers.

"I wanted the poster to show the kind of unity that Soldiers who have been in combat together have," said Ethel Kefauver, CHPPM visual information specialist and the poster's designer. "That's the idea behind suicide prevention — we all have a responsibility to help each other."

CHPPM offers a range of educational and awareness products to assist units with suicide prevention training. These include the widely touted ACE intervention card, a pocket-size reminder of buddy assistance tips; a half-dozen posters in addition to the new one; Army-sanctioned leader and Soldier training briefs and supplemental training aids; and information for family members.

The materials are Army-focused, but available to other military services as well.

"We serve the Army primarily, and most of our materials depict Soldiers," said Shawn Bowman, chief of CHPPM's health information operations branch. "We know, though, that suicide prevention is important to all the services, so we provide these materials to requesting Navy, Marine and Air Force units, too."

CHPPM's product distributors expect demand for the

new poster and related materials will swell during September because of the emphasis Army leaders are placing on suicide prevention.

"Suicide materials are our top priority during Suicide Prevention Week," according to Anne Gibson, who oversees CHPPM's mail room. "We would ask that our customers ordering other materials be patient with us in September, given the importance of the suicide prevention effort."

Gibson estimated that suicide prevention materials ordered through CHPPM's Web site would ship in five to seven working days.

Visit the CHPPM site at <http://chppm-www.apgea.army.mil/> to read, download or order suicide prevention materials. A printed version of the "Shoulder to Shoulder" poster should be available by the end of the month.

Ask the MEDDAC commander

Spotting, treating, preventing head lice

Q I was recently informed that my child has Pediculosis (head lice). What exactly are head lice and how can I treat them?



Col. Nancy Hughes

A The beginning of a new school year is an excellent time to educate parents, children and the community about head lice. Parents should understand how lice are spread before an outbreak occurs, how to make an accurate identification and how to remove head lice and eggs from their children in the safest and most effective ways.

Lice are small parasitic insects that are easily spread from person to person via head-to-head contact, sharing headphones, clothes, hats, hairbrushes, bed linens or towels. They are often passed to children at schools or child-care centers. Although lice do not spread disease, they bite and may cause discomfort, irritation and itching. These insects lay eggs, called nits, which stick to hair very close to the scalp.

Look at your child's hair if you notice him or her scratching and complaining of itching or pain of the scalp. Lice are visible to the eye and are typically tan or beige, but may appear darker or lighter based on the color of your child's hair.

Nits are easier to see and are firmly attached to the hair, close to the

scalp. Nits may look like dandruff but cannot be flicked off the hair shaft.

How to check for head lice:

- Spend a few minutes every week checking your child's head.

- Good lighting is important.

- Look for nits by parting hair in small sections going from one side of the head to the other.

- Check carefully, looking close to the scalp.

There are a number of very effective treatments for head lice. If you suspect a child has head lice, parents can contact their Primary Care Manager at Moncrief Army Community Hospital. All clothing, stuffed animals and bedding, including pillows, should be washed in hot water or dry cleaned.

Any hair accessories — like barrettes, hair elastics, brushes, and combs — should be soaked for one hour in alcohol or medicated shampoo, washed in hot water or just thrown away. Because lice spread so easily from person to person, all members of the home should take precautions to kill any lice or eggs they may have picked up from the child. For more information, call the Department of Preventive Medicine at 751-5200 or visit www.healthfinders.gov/health library.

To submit a question, e-mail Nichole.Riley@amedd.army.mil or call 751-2291.

MACH organization day offers fun for all



Photo by Nichole Riley

Moncrief Army Community Hospital employees participate in a good-natured tug-of-war during MACH's organizational day at Westin Lake in August.

MACH Front Entrance Closed

The front entrance of Moncrief Army Community Hospital will be closed until Monday because of construction. The work will also affect the use of the ground floor elevators this weekend. All visitors of MACH should use the entrance next to the Shoppette until Monday.

Pharmacy

Refill prescriptions online at <http://www.moncrief.amedd.army.mil/>.

"Pharmacy Refills Online" is on the right side of the Web site. The Post Exchange Refill Pharmacy is the only site to pick up refills called in or ordered online.

MEDDAC requires a signed authorization form to be completed before a spouse, family member or friend can pick up someone else's prescriptions.

Main Outpatient Pharmacy: open from 7:30 a.m. to 5:30 p.m., weekdays (in the MACH basement).

Refill Pharmacy: open from 9 a.m. to 6 p.m., weekdays (in the Post Exchange Annex).

Main Outpatient Clinic 751-2385

Refill, Voice 751-4609

Refill, Automated 751-2250

Toll-free refill (866) 489-0950

Helpful Websites

www.moncrief.amedd.army.mil

www.tricare.osd.mil

No Soldier stands alone

Behavioral Health Department

— South Carolina ranks 26 in the nation in its rate of suicide deaths.

— Suicide is the 11th leading cause of death in the United States with one suicide occurring on average every 16 minutes.

— Suicide is the third leading cause of death among 15- to 24-years-olds.

— The elderly make up 12.4 percent of the population, but comprise 16 percent of all suicides.

— Approximately 811,000 Americans attempt suicide each year.

— It is estimated that 5 million living Americans have attempted to kill themselves.

— Every year in the United States, more than

17,000 men and women kill themselves with a gun; two-thirds more than the number who use a gun to kill another person.

— An estimated 5 million Americans are survivors of the suicide of a friend, family member or loved one.

To discuss these and other facts about suicide, contact your unit chaplain or the Behavioral Health Department at 751-5911.

***Editor’s Note:** The material for this article was compiled from the American Association of Suicidology at www.suicidology.org.*

For more information training for substance abuse or suicide prevention at Fort Jackson, call 751-5007.

ASAP Calendar of Events

The Army Substance Abuse Program provides prevention/education to the community on topics pertaining to alcohol and other drug usage.

ASAP maintains a wide selection of pamphlets and videos that can be used to get a

better understanding of the dynamics of substance abuse and use. ASAP staff is available to give presentations on alcohol and drug abuse. For questions about classes offered or about substance abuse, call 751-5007.

Beneficiaries flexibility

Directorate of Human Resources

Effective July 1, the law allows Soldiers to designate up to 10 beneficiaries, with increments of \$10,000 each — none of whom are required to be a spouse or family member.

As a result, the Office of the Secretary of Defense published an updated version of the DD Form 93 to accommodate the new death gratuity options. Soldiers who have completed or updated their DD Form 93 (August 98 version) on or after July 1 must now complete a new DD Form 93 using the new version.

DD Form 93s (August 98 version) that were completed before July 1 remain valid. Soldiers are encouraged to update their DD 93s on the new forms (January 2008 version) immediately.

All commanders and leaders are to ensure Soldiers receive guidance and counseling related to their expanded death gratuity options. Soldiers are also asked to talk to their spouses and make appropriate decisions. We also, recommend this information be available through units’ Family Readiness Groups.

Questions or concerns can be addressed through unit personnel offices to the Directorate of Human Resources Personnel at 751-2753.

CHAPEL

Cleaning up the mess we made

Chaplain (Capt.) Justin Murphy
1st Battalion, 61st Infantry Regiment

Many years ago, I served as a youth minister in Shelby, N.C. I was still in college and didn't have anywhere to live during the summer months, so the pastor of the church made a deal with me.

Because he had a large home with a furnished basement, he told me that he would let me live downstairs and instead of paying rent my payment would be to do yard work one afternoon a week.

His backyard was like a rainforest. It was filled with all kinds of exotic plants, as well as creatures like snakes, deer, foxes and all sorts of creepy bugs. There were so many bugs around the house that the pastor put out trays filled with highly concentrated glue.

One night, I came home from the church and found a lizard stuck in the glue tray. As I looked down at the lizard I began to have pity on him and wanted to set him free.

I put on a pair of work gloves and carried him into the kitchen. It took me almost 45 minutes, but I finally freed him off the tray without harming him.

Even though I had gotten him free from the tray he was so sticky that he couldn't move his body, so I put him in the sink and scrubbed him with dishwashing liquid until he was free to move his legs. I walked with pride out to the back yard as I planned to set him free. I thought he would appreciate all the work I had spent on him.

As I set him down on the ground I realized there was still a little bit of residue on the lizard's body and his left arm was stuck. As I reached down to clean the last part of his body the lizard began running faster than I could catch him, and he ran right into a large bush where I could no longer reach him.

As I think back on this story, I wonder how many times we get ourselves into situations in which we are completely helpless, and in our helplessness we cry out for God to rescue us.

Not only do we need God to rescue us, but we also need to let him clean up the mess we have made. How often do we allow him to begin cleaning us up and then right as he is about to finish the job, we run from him?

God desires a life in which we pursue him daily, because he wants to have a relationship with us. We are prone to making mistakes and getting ourselves in bad situations. My encouragement to us all is to let God have his will in our lives, let him clean us up, and we should not run from him just

Worship services

Protestant

- Sunday 8 a.m. and 10:45 a.m. Daniel Circle Chapel (Gospel)
8 a.m. Bayonet Chapel (Hispanic)
9:00 and 10:30 a.m. Magruder Chapel
9:30 a.m. Main Post Chapel
10:45 a.m. Post-wide Sunday School (Post Chapel)
11 a.m. Daniel Circle Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next
Chaplain School
 - Wednesday 7 p.m. Gospel Mid-week Service Daniel Circle Chapel
- PROTESTANT BIBLE STUDY**
- Monday 7 p.m. Women's Bible Study (PWOC - Post Chapel, Class 209)
 - Wednesday 7 p.m. Anderson Street Chapel
7 p.m. Daniel Circle Chapel
7 p.m. Gospel Congregation's Youth (Daniel Circle Chapel)
 - Thursday 9:30 a.m.-noon Women's Bible Study (PWOC, Post Chapel)
6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)
7 p.m. LDS Bible Study (Anderson Chapel)
 - Saturday 8 a.m. Men's Prayer Breakfast (Post Chapel, every second Saturday of the month in Chapel Fellowship Hall)

PROTESTANT YOUTH OF THE CHAPEL

- Sunday 5 p.m. Daniel Circle Chapel (1st & 3rd Sundays)
- Wednesday 6:30 p.m. Main Post Chapel

Lutheran/Episcopalian

- Sunday 8 a.m. Memorial Chapel

Islamic

- Sunday 8-10 a.m. Islamic Studies
- Friday 12:30-1:45 p.m. Jumah Services (both — Main Post Chapel)

Church of Christ

- Sunday 11:30 a.m. Anderson Chapel

Catholic

- M-F 11:30 a.m. Mass (Post Chapel)
- Sunday 8 a.m. Mass (Solomon Center)
11 a.m. Mass (Main Post Chapel)
9:30 a.m. Mass (120th AG Battalion Chapel)
9:30 a.m. CCD (Education Center)
9:30 a.m. Adult Sunday School
12:30 a.m. Catholic Youth Ministry
- Wednesday 7 p.m. Rosary
7:30 p.m. RCIA/Adult Inquiry

Jewish

- Sunday 9:30-10:30 a.m. Memorial Chapel
10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

Latter Day Saints

- Sunday 9:30-11 a.m. Anderson St. Chapel

Addresses, phone numbers

Daniel Circle Chapel — 3359 Daniel Circle, Corner of Jackson Blvd., 751-4216
Main Post Chapel — 4580 Strom Thurmond Blvd., corner of Scales Ave., 751-6469
Bayonet Chapel — 9476 Kemper St., 751-4542
Family Life Chaplain - 4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
Anderson St. Chapel — 2335 Anderson St., Corner of Jackson Blvd., 751-7032
Education Center — 4581 Scales Ave.
Magruder Chapel — 4360 Magruder Ave., 751-3883
120th Rec. Bn. Chapel — 1895 Washington St., 751-5086
Memorial Chapel — 4470 Jackson Blvd., 751-7324
Chaplain School — 10100 Lee Road, 751-8050

because we feel like we're not in a bad situation anymore. He cares for us more than we can comprehend.

1 Peter 5:7: Cast all your anxiety upon him, for he cares for you.

FIRST RESPONDER



The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Ronald F. Taylor

Director, Emergency Services/Provost Marshal

Sgt. Maj. Allen Taylor Jr.

Provost Sergeant Major

Billy Forrester

Fire Chief

MPs said. The lock on the door was hanging loose, which caused the noise. The Soldier was advised to leave his room secured.

The Fire Department opened the door to quarters in the housing area after a military spouse got locked out. The spouse went outside to smoke a cigarette and was locked out by accident, MPs said. Authorities decided to open the door by force since two children were inside the quarters. The children were unharmed.

Tip of the Week

Recently, the number of backing accidents has increased. Drivers must be mindful when backing out their vehicle and observe all areas before backing.

Backing up without observing all areas can lead to accidents involving other vehicles or pedestrians. Everyone needs to use care and diligence.

Cases of the Week

A Soldier in Basic Combat Training was released to his unit after an argument with a civilian employee at a Shoppette. The Soldier was disrespectful toward the employee, Military Police said.

A Soldier received a warning after neighbors complained about loud noise in the transit living area. The Soldier had propped his door open to allow others access to his room,

crimestoppers
1-888-559-TIPS
www.midlandscrimestoppers.com

FORCE PROTECTION THOUGHT OF THE WEEK

DEFEAT SURVEILLANCE ATTEMPTS



• REPORT PERSONS OBSERVING, PHOTOGRAPHING OR ASKING QUESTIONS ABOUT OPERATIONS

• REPORT UNIDENTIFIED VEHICLES PARKED OR OPERATED IN A SUSPICIOUS MANNER

SPORTS/FITNESS

Knight to be inducted into Army Sports Hall of Fame

Army Athletic Communications

There was a chance that Bob Knight was going to leave the U.S. Military Academy after one year. He was offered the men's basketball coaching position at the University of Florida and told then-Athletic Director Gen. Ray Murphy he was going to accept it. Knight pondered the decision over the weekend and decided he wanted to stay at West Point because of the kinds of young men he was coaching and because he appreciated the head coaching opportunity.

It turned out to be a great decision. Knight won 102 games during his six seasons at West Point, went on to win three national championships at Indiana and became college basketball's all-time winningest coach during his time at Texas Tech.

Knight's accolades, at West Point and following his tenure along the banks of the Hudson River, have earned him induction into the Army Sports Hall of Fame.

Knight was hired as a 24-year old but his passion and knowledge for the game led to victories on and off the court despite being the youngest-ever Division I head coach.

"I could not have had a better opportunity to start as a college coach than at West Point because of the players I had, and Ray Murphy who gave me that chance," Knight said.

Knight led the Black Knights to four trips to the National Invitational Tournament, including a third-place finish. The team won 20 games twice during his tenure, including an Academy-record 22 victories in 1969-70. He is one of two Army basketball mentors to register more than 100 wins.

"There were two other people who were very influential while I was there," Knight said. "One was (Commandant) John Janerone who was the Dean and the time. The other was Col. Frank Kobes, the head of DPE (Department of Physical

Education). They were both tremendously active in their support of basketball. And Col. Tom Roger was very close to myself and Mike (Kryzewski) while we coached at the Academy. He was a guy on a day-to-day basis for me and Mike who was very instrumental to be able to do some things with the basketball team."

Following his success at Army, Knight moved to Indiana. He guided the Hoosiers for 29 years and won three national championships. His 1976 team went 32-0, the last perfect men's team. He posted a record of 662-239 during that span.

In 1984, he added an Olympic gold medal to his resume coaching the men's basketball team in Los Angeles.

Knight, a graduate of Ohio State before entering the Army, was inducted into the Naismith Basketball Hall of Fame in 1991.

Knight moved to Lubbock, Texas, in 2001 as the head coach at Texas Tech. He posted a 138-82 record for the Red Raiders and set the record for career wins with 902, passing Dean Smith.

In 42 years as collegiate coach, Knight was 902-371, a winning percentage of 70.9.

Following his resignation from Texas Tech, Knight moved to television where he serves as a basketball analyst for ESPN.

In addition to Knight, the Class of 2008 includes nine athletes: George Clark (hockey), as well as Mike Silliman (baseball and men's basketball), Curt Alitz (cross country, track and field and men's swimming), John Boretti (baseball, soccer and hockey), Ted Kanamine (men's swimming), Arnold Tucker (football and basketball), Jose Olivero (lacrosse and men's soccer), Alexis Albano (women's soccer and track and field) and Richard Shelton (pistol) comprise the fifth class to be honored.

The 10 honorees will be inducted into the Army Sports Hall of Fame Sept. 19.

Gotcha!



Photo by Susanne Kappler

Dylan Quinones, 12, reaches out to make a catch during a football skills clinic Sept. 3 at the Youth Sports Complex. The event was open to children 6-13 years old and included a punt, pass and kick contest.

Training for victory



Photo by Susanne Kappler

Professional welterweight boxer Luis Collazo throws punches Monday at Perez Fitness Center. Collazo is training on Fort Jackson in preparation for his next fight Sept. 27 at the Staples Center in Los Angeles. If he wins that fight, he will have a chance to compete for the WBC welterweight championship against Andre Berto in January.

Sports Briefs

Free Youth Skill Sessions

A free Bump/Set & Spike volleyball clinic will begin 6 p.m., Wednesday at the Youth Sports Complex for children 8-18 years old.

Participants must first register with the Central Enrollment Office to participate in any event. For more information, call 751-5040.

Important Numbers

For youth sports, call 751-5610/5040; For golf information, call 787-4437/4344; For sports information, call 751-3096.

SPORTS/FITNESS

Strongest man on Fort Jackson to compete in national contest

Susanne Kappler
Leader Staff

Recruits arrive on Fort Jackson by the thousands to become "Army Strong," but one Soldier has taken that slogan to an extreme level.

1st Lt. Timothy Peterson, commander of Company C, Task Force Marshall, will compete this weekend in the North American Strongman National Championship in Provo, Utah. The amateur competition will feature events, such as tractor tire flipping, car lifting and truck pulling.

Peterson has competed in strongman events for more than two years and qualified for the nationals during a recent event in Columbia.

"The first (strongman competition) I did was actually here on Jackson," Peterson said. "I was trying to get more into the body-building side. It was the first (strongman competition) on post and (Cindi Keene, sports director) asked me to get in and, actually, I won it."

Peterson explained that initially he thought of strongman competitions as a stepping stone on his way to becoming a body builder.

"The guy I look up most to in body building is Ronnie Coleman, eight-time Mr. Olympia. He's 5 feet 11 inches and 333 pounds," he said. "The way he put the size on was he started doing strongman and powerlifting and then he switched over to the body-building side."

"The brute strength thing actually brings on more size than the 'pretty boy' body building does, so you get a lot more solid mass. Muscles that you normally wouldn't work in body building are built up. It helps you prevent injury when you switch over to body building."

The 6-foot-3-inch Peterson, who weighs 255 pounds, still considers becoming a body builder, but has come to enjoy strongman competitions.

"After it's over with and your body's wrecked and you take a shower and eat for two days, you say 'That was cool, I actually enjoyed myself,'" he said.



Leader File Photo

1st Lt. Timothy Peterson pulls the Army Strong Hummer during the Fort Jackson strongman competition May 17. Peterson recently qualified to compete in the amateur national strongman championship this weekend.

To train for the events, Peterson shifted his focus from doing a lot of repetitions to lifting heavier weights.

"When I first started working out, I would do 10-12 reps, bench press, whatever (exercises) I was doing and I always call them 'pretty weights,'" he said. "The guy who's just trying to get pumped may do 225 pounds or something like that. Going to that side (strongman), you go to rep range 3-6 and you go heavy all the time. You're going heavier, but you're not working out as long. I used to work out for 1 1/2 hours, now it's only 30 minutes."

But heavy lifting is not all there is to it, explained Peterson, who works out four to five days a week.

"You can go in the gym and lift all the heavy weights you want, but a lot of that stuff is technique," he said.

He works at a local gym with an instructor who showed him the proper technique on how to approach the different events of a strongman competi-

tion. Peterson's best events are the truck pull and the chain drag.

"One advantage I have over the bigger guys is, being in the military, I have to still be able to pass my PT test. I still have to remain cardio fit," he said.

"A lot of those guys, 300 pounds or plus, they can't run from here to the wall. When you actually go truck-pulling, a lot of cardio comes into play as opposed to just a lot of brute strength. A lot of guys could beat me as far as lifting (is concerned), but they couldn't even finish the event because their heart would give out on them. They're so out of breath, they have to drop down on their knees and get oxygen."

If Peterson wins in Utah, he will have a chance to compete in professional events, which he hopes to do.

"I've probably got to pick up another 50 or 60 pounds to get real competitive," he said. "But that's the plan."

Susanne.Kappler1@us.army.mil

Fall Youth Sports Signup

Registration is open for fall youth flag football, cheerleading, soccer cross country and volleyball. Participants must first register with the Central Enrollment Office. Proof of age and a current physical are required to register.

Flag football for 6-13 year olds: Sept. 20 through Nov. 1. Practice is twice a week 5-7 p.m., with games played on Saturday. The registration fee is \$30, but additional children from the same family cost \$27. The fee includes a jersey and trophy.



Cheerleading for 4-13 year olds: Sept. 20 through Nov. 1. Practice is twice a week 5-7 p.m. The fee is \$30, but additional children from the same family cost \$27. The fee includes skirt, top and trophy.



Soccer for 3-18 year olds: Sept. 20 through Nov. 1. Practice is twice a week 5-7 p.m. The fee is \$30, but additional children from the same family cost \$27. The fee includes jersey, shorts and trophy. This is an off-post league, and a birth certificate is required at registration.



Volleyball for 8-18 year olds: Sept. 20 through Nov. 1. Practice is twice a week 6-8 p.m. The fee is \$30, but additional children from the same family cost \$27. The fee includes jersey, shorts and trophy.



Cross country for 6-18 year olds: Sept. 10 to November. Practice is twice a week 5-7 p.m. The fee is \$40, but additional children from the same family cost \$27. The fee includes jersey, shorts and trophy.



**For youth sports,
call 751-5610/5040;
For golf information,
call 787-4437/4344;
For sports information,
call 751-3096.**

